



Dear RVBC,

We have used the gym for the last 18 months and most recently as a corporate member. This is a fabulous perk to be able to offer to current and new employees.

In the current climate wellbeing and health is at the forefront of all employers minds and having such a fabulous facility on our doorstep is an asset to our community and business.

Kind regards



[REDACTED]

I write to express my support for the retrospective planning application associated with the above development in Whalley.

I have lived on [REDACTED] Whalley for near [REDACTED] and was introduced to Per4Health by [REDACTED]. She had undergone [REDACTED] [REDACTED] and found the facility to be game changing in her recovery as a result of the specialist, highly trained staff and the range of equipment available to support rehabilitation.

My recovery and rehabilitation was stalling as a result of the NHS provision in Whalley not being equipped with the capacity or capability to deal with such complex needs. The location of Per4Health meant that I could walk to physio sessions and within a short timescale was able to use focused equipment supported by an activity programme to facilitate my longer term rehabilitation.

The community feel of the gym facility complemented by the local staff who work there and their extensive knowledge of not only sporting injuries but also general fitness creates a genuinely positive feel for members who meet up in classes to improve their health and fitness and general wellbeing. There is a real sense of belonging and members of all ages work together and encourage improved health and fitness for one another.

Having worked in the [REDACTED] for many years, I do appreciate the challenges faced by local planning and highway authorities in dealing with the growth of local communities and the siting of facilities to complement and support this growth. Clearly at the planning stage, officers are dealing with theoretical assumptions but once sites and the broader areas they sit within become operational, a more practical eye can be cast over the development and I firmly believe that Per4Health adds significant value to my local community. I state this in the context of:

- Employing local people and providing the training and development they require to thrive and develop
- Being located in a growth area of Whalley that complements the large scale residential development that been implemented over the years.
- Not presenting any traffic problems associated with congestion or car parking on the local highway network, increased journey times or being of detriment to local road safety.
- Providing families like mine with a healthy alternative to the much publicised, overheated Whalley Centre for gym, health and recreational activities not associated with alcohol and the associated anti-social behaviour.
- Being fully aligned to the Governments' Active Travel strategies in that the facility is highly accessible for active travel modes from the local residential catchment area
- Providing the Whalley community with a dedicated first class health rehabilitation facility that takes pressure off the NHS provision

I would be happy to discuss my experience further and reiterate my support for the Per4Health as a local facility in a sustainable location serving the local population of Whalley

Yours faithfully

[REDACTED]



To Whom it may concern,

I am writing in strong support of Per4m Health, Mitton Road Business Park, Whalley.


I have been a client of this Physiotherapy and Rehabilitation Practice for some time and have experienced first-hand the exceptional level of care, professionalism and expertise provided by Michael and his team. Per4m is a welcoming, inclusive environment that supports individuals of all ages.

The service they offer goes far beyond a typical physiotherapy and gym facility. It is a clinically informed, highly personalised environment that supports people recovering from injury, surgery and chronic pain. The integration of qualified physiotherapy with carefully supervised strength and rehabilitation programmes, using Reformer Machines and specifically chosen gym equipment makes Per4m unique and invaluable. We are not just working out, we are receiving structured support to restore function, prevent further injury and improve long term health.

Per4m provides an important gap between NHS discharge and mainstream gym provision. Facilities like this are rare and invaluable. Per4m is an asset to the local community and reduces pressure on GPs and hospital services by helping people manage musculoskeletal conditions, recover from injury and manage chronic conditions.

The location of Per4m is ideal for this type of service, it is quiet, discreet and easily accessible, with convenient parking that is particularly important for people with mobility issues, injuries or post-surgical limitation. We are fortunate to have such a facility in the Ribble Valley

I fully support its continued operation and development.



[REDACTED]

To whom it may concern.

Re: PER4M HEALTH, Mitton, Whalley

I am a [REDACTED] and for many years have suffered from chronic lower back issues.

I first sought help from Michael Murray, the proprietor of Per4m Health, some five years ago. Whilst not unique in itself, but most definitely unique to this area, is Michael and his team's holistic approach to physiotherapy in that they treat the whole person, mind, body and lifestyle, rather than just the physical symptoms.

Michael integrates manual therapy with rehabilitation and maintenance exercise in order to heal patient's conditions and prevent their re-occurrence. His use of Pilates reformer machines and other ancillary gym equipment, is helping to assist recovery and promote good strength and posture to hundreds of people from the Ribble Valley and beyond.

Per4m Health's facilities and location are perfect for the unique service that it provides.

Personally, I believe that the region is lucky to have such a professional health and wellness facility in an accessible part of the Borough.

[REDACTED]